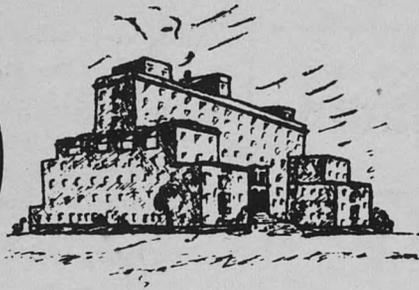


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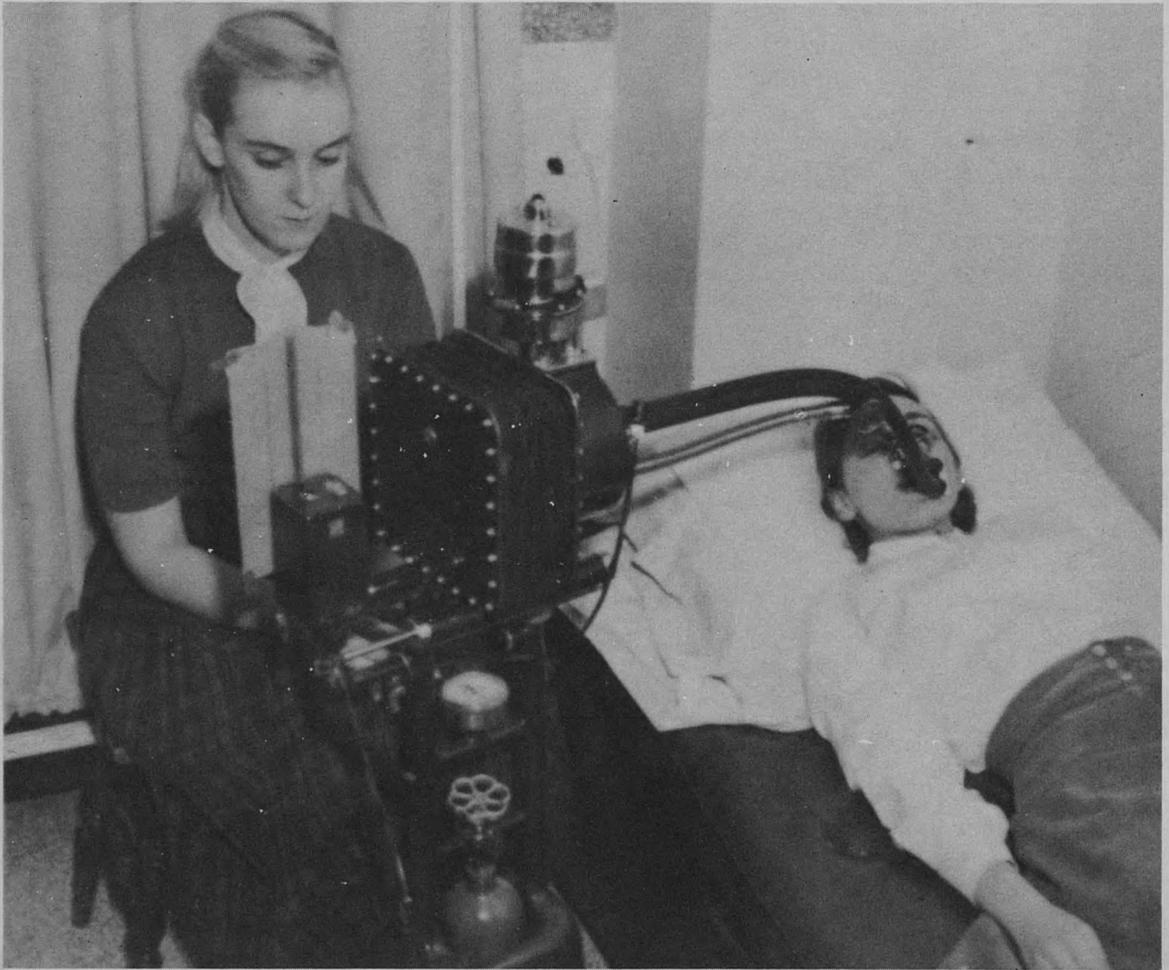


JEWISH
HOSPITAL
OF
ST. LOUIS,
216 S. Kingshighway

DIVISIONS: THE JEWISH HOSPITAL, JEWISH MEDICAL SOCIAL SERVICE BUREAU,
JEWISH SANATORIUM, MIRIAM ROSA BRY CONVALESCENT-REHABILITATION HOSPITAL

Vol. 1, Number 11

April, 1953



Featuring one of the activities of the heart station, Gloria Oberting, Technician, gives "patient" Gloria Boraz Basal Metabolism Test. See story, page 3.

**Executive
Director's Column****HOUSE STAFF**

At this time the selection of House Staff for the year beginning in July is very much in our thoughts. A house staff consists of interns, who are recent graduates of medical schools and desire practical experience in the treatment of patients, and residents, who have served an internship of one year and are spending two to four years preparing to specialize in one branch of medicine.

The specialty boards have given their sanction to residencies at the Jewish Hospital in Medicine, Surgery, Obstetrics and Gynecology, Pediatrics, Pathology, and Radiology, varying from two to four years. We have practically a complete resident staff beginning July, 1953.

During the post-war years a buyer's market has developed among senior medical students seeking internships, since more than 10,000 approved internships are available and fewer than 6,000 men and women graduate from medical schools each year to fill them. Hospitals which do not offer good intern training programs that include close supervision and education of the young physician as well as demands on him for service, are being left behind in the intense competition. In order to reduce cut-throat competition as well as stimulate medical staffs of hospitals to develop the best service and teaching programs (which mean better patient care) of which they are capable, the national medical, hospital and medical school associations last year adopted the Intern Matching Plan.

Under this plan, interns apply to as many hospitals as they wish. They send to a central headquarters in Chicago their confidential preferences in the order in which they would

like to be placed, listed as first, second, etc., choice. The hospitals then list the students who have applied, in the order of preference they would like to receive them; this confidential list too is sent to the Matching Plan headquarters in Chicago.

The preferences are "matched." A hospital is considered fortunate if it receives anything more than 50% of its intern quota; this is a yardstick of its attractiveness to senior medical students as a place where they can get organized training as well as give service.

The Jewish Hospital of St. Louis has a quota of 14 interns, and all of its places are filled for the coming year. This is the best showing in post war years.

I believe that a combination of factors has been responsible for this excellent performance. The Committee on House Staff and Education of the Medical Staff, headed by Dr. Clarence T. Eckert, has made many improvements in the intern training program and devoted many hours to intern recruitment. The medical staff cooperated wholeheartedly. The current group of interns and residents helped considerably; for the most part they were "satisfied customers" who did not hesitate to recommend the hospital to others a year or two behind them. Another factor undoubtedly was the study of the educational program recently conducted by the Medical Staff and the Board of Directors. This had permeated to the awareness of the medical students at the local medical schools; from the questions they asked when interviewed, it was obvious that they were interested in decisions about the size of the out patient clinic and of the ward service, clinical research, full-time clinical chiefs, and other factors that influence care of the patient as well as training for the young doctor.

David Littauer M.D.

THE HEART STATION

The heart has been the subject for many a ballad, poem, and whispered nothing; it has been associated with dog food and refers to the center of the metropolis. The heart is also the chief subject of the people in the Heart Station where the electrocardiograph machine and its long tapes of mysterious markings reveal the innermost machinations of this sensitive organ.

The Heart Station is that busy set of offices on the northwest corner of the ground floor where Dr. Edward Massie, Cardiologist, and his three technicians, Marge Peteler, Gloria Oberting, and Frances Meier interpret, label, cut, paste, and file ECG records.

The Heart Station takes most of its tests at the patient's bedside saving him a trip through hospital corridors and elevators. Interpretation, however, and teaching procedures are done in the station itself.

Over fifty years ago it was discovered that there were electrical currents of a measurable amount in the human body which were associated with the contraction of the heart. In the intervening years, many instruments have been devised to record all aspects of these currents and researchers have correlated them with specific conditions of the heart.

Electrocardiograms are routinely taken with twelve leads (the electrode that is attached to the patient's body); additional leads are recorded to add further information when indicated.

Master two-step tests are being done in our Heart Station in an effort to see whether there are significant changes in the electrocardiogram as a result of a standard amount of exer-

cise within a set period of time. This test is of particular value in diagnosing coronary disease.



Drs. Goldenberg, Massie, and Birenbaum Read E.C.G. Records As Marge Peteler Prepares Them.

Ballistocardiograms, a project for the future, give a graphic presentation of the mechanical effect of the heart beat on the body. By having the patient lie on a suspended table-top, each cardiac pulsation is reflected on the body and thence to the recording mechanism.

The purpose of all these procedures is to give information concerning irregularities of the heart rhythm, abnormalities in the coronary circulation and associated damage to the heart muscle, the presence of abnormal enlargements of the various cardiac chambers, and the effect of drugs on the heart. An adjunct service performed by the Heart Station is the Basal Metabolism Test which gives indication of thyroid function.

(Cont. Page 9)

Auxiliary News

THE JEWISH HOSPITAL MEDICAL CENTER AUXILIARY

proudly invites
members and their friends
to the
May Meeting

Shoenberg Memorial Nurses Residence
306 South Kingshighway Blvd.

May 14, 1953
at
12:30 o'clock

Dessert and coffee will be served to be followed by

The President's Report - Mrs. Edward Schweich

Awards to Volunteers

Election of Officers

After the business meeting, the program of the afternoon will follow.

"SIX QUESTIONS WOMEN MOST OFTEN ASK ME"

Talk by Dr. Jerome I. Simon

Selections: Jewish Hospital Nurses Choir

We look forward, with great expectations, to Dr. Simon's talk. Dr. Simon is a member of the Jewish Hospital Medical Staff, is on the faculty of St. Louis University School of Medicine, and among his many offices, has served as secretary of the St. Louis Surgical Society, is immediate past president of the St. Louis Medical Society and currently is a member of its Council.

The Nurses Choir is composed of Nightingales and has given many noteworthy performances in the past.

A model of the new hospital will be on display.

Since parking is difficult near the hospital, it is suggested that members and their guests avail themselves of the excellent bus service or join in car pools.

PAPER PORTRAIT

First in a series of thumb-nail sketches of important people who make Jewish Hospital's operations more efficient and pleasant.

* * *

Our first candidate is a female who appears about 18 but is closer to the middle 20's. She has short black hair and laughing eyes (when they aren't staring at a machine that refuses to cooperate).

She is under five feet tall and has a lovely soprano voice heard from time to time in "My Heart Belongs to Only You." The machines behave for this mighty mite as she plaintively entreats - "please mimeograph, do right."

In addition to printing during the day, she writes in the evenings and is in the middle of a novel about the problems of a teen-age girl.

Thanks to this very important person, Jewish Hospital is assured of a steady supply of printed matter.

Do you know her? You can find out by turning to page 7.

School of Nursing

Announces New Program

A series of lectures and demonstrations on the Rehabilitation Program has recently been inaugurated for supervisors and head nurses. The first of six weekly lectures was given on March 17th by Dr. Otakar Machek, Director of the Rehabilitation Program at Miriam Hospital Division.

The nurse is an important member of the rehabilitation team since she is in a strategic position to assist the patient in his progress. The effectiveness of the program as a whole

Celebrities In Gift Gallery



Mata and Hari, the celebrated dance team frequently featured on "Your Show of Shows", pause in a busy day to make some purchases at the Gift Gallery.

requires her cooperation and intelligent assistance. These lectures and demonstrations are designed to stimulate the interest of the nurse in the Rehabilitation Program through a better understanding of her role as a member of the team. The ultimate goal of the team as a whole, teaching physically disabled persons to live effectively with their disabilities as readily achieved through the coordinated efforts of all members of the rehabilitation team.

Specialists from other fields such as psychology, speech therapy, occupational therapy, social service and vocational counseling will also take part in the lecture series. Interpretation of the Rehabilitation Program to other members of the nursing staff will be presented later. As preparation for their participation in the rehabilitation of patients, Joseph Savan, physical therapist, is instructing the student nurses in the practical and theoretical aspects of physical medicine during their six weeks service in the out-patient department.

WARDS AND CORRIDORS

STAFF ROUNDS

Dr. Irwin Horwitz has been promoted to the rank of Assistant Professor of Clinical Orthopedic Surgery at St. Louis University.

Dr. Milton Lenobel was given the rank of Senior Instructor on the same service also at St. Louis University.

Dr. J. G. Probststein attended the Central Surgical Society in Chicago on March 5.

Drs. Greta and Marvin Camel have announced the birth of a baby daughter. Dr. and Mrs. Samuel Schechter are the proud parents of a second baby daughter.

THE VIEWING BOX

Shirley Robinson was married February 20 and expects to leave for Europe soon. Gertrude Wuenchel has taken Shirley's place and can be found in the new secretarial office recently constructed. Mary Ann Lutkemeyer, assistant secretary, and Lydia Woody, receptionist, are also new to the department.

NURSING NOTES

Senior student nurses aren't superstitious about the number 13. They will no longer be students after May 13th because that is Graduation Day for them. It will be a great day for our 35 seniors. Congrats to the Grads!

The students in the four year program have concentrated on community health the past month. They have been learning about sanitation and the protection of public health first hand through recent field trips to the City Water Works and St. Louis Dairy.

The School of Nursing was host to a group of students currently enrolled in the School of Nursing at Missouri University. The students visited the School and toured the Hospital on April 18th. We hope to see many of them back here for affiliation.

Edna Korf, R.N., instructor in Community Nursing attended a Workshop on Teaching Methods for Public Health Nurses and Supervisors which was held at the Wohl Health Center on March 16-17. The Workshop was conducted by Helen Kinney, Director of Nursing of the Missouri State Health Department.

Lizzie Callahan, nurse aid on 2C and an employee of the hospital for ten years, recently resigned because of illness in her family. Her long and faithful service has endeared her to patients as well as all nurses and co-workers.

We are happy to welcome Helen Rosenblum and Rose Norber, graduates of the Jewish Hospital School of Nursing to the Out-patient Department. They replace Mrs. Nancy Newton and Mrs. Ellen Shechmeister, both of whom resigned to carry on responsibilities in relation to their families.

The St. Louis Hospital Council sponsored a program on the critical recruitment needs in the St. Louis area hospitals. Two members of the Jewish Hospital staff participated on the panel which was presented before the St. Louis County Vocational Counselors Association at Clayton High School on March 18. Joseph Savan, Physical Therapist outlined the opportunities available to young people in the field of Physical Medicine. Catherine Blomes, R.N., Field Representative for the School of Nursing, placed emphasis upon the numerous and varied opportunities for quali-

(Cont. Page 7)

Paper Portrait



Grace Campbell, the smiling young lady pictured above, is your paper portrait for the month. (See page 5) She is a member of the Administrative Department and works in the mail room operating the mimeograph machine.

NURSING NOTES (Cont from Page 6)

fied students in the nursing profession. This program, with representatives of the allied professions comprising the hospital team on the panel, was the first of its kind to be presented before a group of high school counselors. The interest shown by the counselors would seem to indicate that it was a successful beginning.

Edna Peterson, R.N., and Rose McClellan, R.N., attended a Workshop held at the St. Louis Visiting Nurse Association on March 27th. The subject of the Workshop was "Criteria For Collegiate Basic Professional Programs Designed to Prepare Their Graduates For First Level Positions in Public Health Under Supervision."

The Jewish Hospital School of Nursing Choral Club under the direction of Miss Marie Burke has been busy preparing itself for a

(Cont. Page 10)

IN MEMORIAM

MAJOR G. SEELIG 1874-1953

A.B. (Harvard), M.D. (Columbia), distinguished surgeon, inspiring teacher, loyal American, civic leader, champion of human rights, Director of the Department of Surgery of the Jewish Hospital of St. Louis for many years.

HERBERT GOLDWASSER 1907-1953

B.S. (Washington), M.D. (Washington), esteemed physician, sympathetic friend, devoted husband and father, member of the ward service of the Jewish Hospital of St. Louis.

ABRAHAM MARGULIS 1886-1953

B.S. (Washington), M.D. (Washington), eminent pediatrician, friend of children, community leader, Director of the Department of Pediatrics of The Jewish Hospital of St. Louis for many years.

DIVISIONAL PATTEN

Miriam Murmurs (REHABILITATION DIVISION)

Mrs. Gustave Weinstock, President of the Miriam Lodge Number 17, United Order of True Sisters has announced that their group is offering a new service – that of defraying the cost of radioactive colloidal gold for indigent cancer patients who require this type of therapy. Dr. Morton D. Pareira of the Tumor Clinic and Dr. Hyman R. Senturia of the Isotope Laboratory are working in cooperation with Miriam Lodge on this project.

Teaching has been added to the duties of the Physical Therapy Department where, under the supervision of Miss Helen Tolin, R.N., R.P.T., some of the senior students of the Washington University School of Physical Therapy are receiving training in the field of Physical Therapy. Dr. Machek and the staff of the Rehabilitation Division illustrate to the students how the rehabilitation team works with the various types of neurological, orthopedic and medical cases treated.

Through the cooperation of the Social Service Department of the Jewish Hospital, Mary Davis has been increased from working part time to full time at Miriam. This is in answer to a long-felt need.

Donors to the Miriam Hospital Special Fund

<i>In memory of</i>	<i>Donor:</i>
Richard Speier	Ruth B. Katz
Mrs. Joseph Steinbach	Mr. and Mrs. Eli Strassner
"	Mr. and Mrs. Hubert Moog
"	Mr. and Mrs. Lawton Levy

<i>In honor of</i>	<i>Donor:</i>
Harry Sandperl, M.D.	Dr. and Mrs. Llewellyn Sale, Jr.
Ernest Fried's birthday	Mr. and Mrs. A. W. Baum
Mrs. Fred Z. Salomon's birthday	Dr. and Mrs. J. G. Probststein
Mrs. Fred Z. Salomon's birthday	Mr. and Mrs. Sidney Katz
Mrs. Fred Z. Salomon's birthday	Mr. Norman Probststein

Fee Fee Frolics (CHRONIC DISEASE DIVISION)

The maintenance staff has started its spring program of refurbishing the buildings

and grounds. A new roof has already been placed over part of the Shoenberg Building and the Radiology dark room has been modernized and made more efficient by their efforts. Painting will soon begin of both the rooms and furnishings.



Arthur Downs and Joe Byrnes Work on Sanatorium's Plumbing.

The engineers, headed by Joseph Byrnes since 1917, face many problems in buildings that were built in 1912. They often have to resort to ingenious tricks to keep things running smoothly. Besides Mr. Byrnes, there are six other members of the department who are responsible for firing the furnaces, caring for the grounds, making repairs, and running a pick-up service for employees from the transportation lines.

About 30 ambulatory and wheel chair patients participated in the Seder services held at the Sanatorium. Max Eisen, Gabriel Goldsworth, and Harry Schaffer, all patients, conducted the ceremony.

Social Service Signals (MEDICAL SOCIAL SERVICE DIVISION)

On March 13, Dr. David Littauer was the guest at staff meeting. He outlined ways of determining eligibility for medical care in the

(Cont. Page 9)

Recent Donations to Jewish Hospital

(NOTE: Donations may be listed as much as a month after donation is made because of printing dead line).

SIDNEY I. ROTHSCHILD MEDICAL LIBRARY FUND

<i>In Honor of:</i>	<i>Donor:</i>
Mr. Louis Rothschild's 65th birthday	Mrs. Paul Treuman
"	Mrs. Norman Wolff
"	Mr. & Mrs. Irvin Bettman, Jr.
"	Mr. & Mrs. Paul Ullman
"	Mr. & Mrs. Robert H. Mayer
"	Mr. & Mrs. Sidney Rothschild, Jr.
"	Mrs. Chas. M. Rice
"	Mr. Morton J. May
"	Dr. & Mrs. Virgil Loeb
"	Mrs. Aaron S. Rauh
"	Mr. & Mrs. Irvin Bettman

<i>In Memory of:</i>	<i>Donor:</i>
Mrs. Ann Steinbach	Mr. & Mrs. Sidney Rothschild, Jr.

EQUIPMENT FUND

	<i>Donor:</i>
Oxygen tent	Mr. Nat. Auerbach
In memory of Miss Birdie Block	Mr. & Mrs. Henry A. Friedman
	Mr. Oscar Block

PATIENT'S LIBRARY

Donor:
Mr. & Mrs. Ralph Lowenbaum

RESEARCH TRIBUTE FUND

<i>In Memory of:</i>	<i>Donor:</i>
Mr. Everett Brooks	Mr. Major B. Einstein
Dr. Major Seelig	Mr. & Mrs. Major B. Einstein
"	Mr. Ralph Weil
"	Mrs. Leon J. Schwab
Mr. Jack Elson	Mr. & Mrs. Richard K. Weil

Mrs. Tillie Straus	Mrs. Sol Heinemann
Rae Linden	Mr. & Mrs. Morris Rosenthal
Mrs. Ann Steinbach	Dr. & Mrs. Samuel D. Soule
Mrs. Jennie Shatz	Mr. Nathan Shatz
Mr. Jack Elson	Mr. & Mrs. Lee I. Kaufman
Mr. Charles Simon	Mrs. Helen W. Platt
Mr. Jack Elson	Mrs. Edward Scharff

<i>In Honor of:</i>	<i>Donor:</i>
Mr. Louis Rothschild's birthday	Mrs. Robert V. Friedman
"	Mrs. Edward Scharff
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Beverly Cohen	Rose Einbund
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DIABETES RESEARCH FUND

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LOUIS M. MONHEIMER MEMORIAL FUND

Donor:
Mrs. Jack London

BUILDING FUND

<i>In Memory of:</i>	<i>Donor:</i>
Mrs. Mollie Koplou	Mary McKeever
<i>In Honor of:</i>	<i>Donor:</i>
Mr. Louis G. Rothschild's 65th birthday	Mr. & Mrs. Millard Waldheim
Mr. & Mrs. Irvin Bettman's 50th anniversary	Mr. & Mrs. Millard Waldheim

SOCIAL SERVICE SIGNALS (Cont from Page 8)

clinic and emphasized the importance of considering actual hospital costs of providing required medical services in setting clinic and hospital fees.

Dr. Arnold Block has been appointed by the Department of Neuropsychiatry to serve as psychiatric consultant. This is part of the department's clinic program and will make available psychiatric aid for indigent patients through the social service division. Dr. Block will be with us for four months at the end of which time another psychiatrist will be assigned.

On March 2, Margaret Klosterman joined our staff. She has been a case-worker at the Veteran's Administration Regional Office for several years and represents a fine addition

— both personally and professionally. Because we now have an additional worker here, Mary Davis has been assigned to Miriam Hospital Division on a full time basis. The enlargement of our staff became possible when the Jewish Hospital made available funds for the additional salary.

HEART STATION (Cont. From P. 3)

The Heart Station of the Jewish Hospital was originally opened in 1917. Dr. Arthur E. Strauss was Director of the station for many years and is now Consulting Cardiologist for the hospital.

The offices were recently redecorated and new furniture and equipment installed. However, equipment for solacing that other heart disease — frustrated-in-love has not yet been installed; maybe with the new hospital . . .

New Equipment Needed



Among equipment currently needed are several wheel chairs with adjustable leg rests to augment those now in service as well as to replace some that are no longer usable.

The above pictured chair costs about \$150.00 and may be set up as a memorial donation to the hospital.

NURSING NOTES *Cont.*

special public appearance. They participated in the program which was presented by a city-wide choral group at the opening session of the Missouri State Nurses Association at Hotel Statler on April 6.

DID YOU KNOW?

That for a nation wide average, the sick patient paid \$1.11 per hour for hospitalization? This is considerably less than the hourly charge of the television repair man or plumber. Furthermore, the \$1.11 charge is the same for all three shifts with no time-and-a-half or double time charges.

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