

SIU MEDICAL SCHOOL  
155 W. KING  
DECATUR, ILL.

3 YR. RESIDENCY IN  
FAMILY PRACTICE-FIRST  
CLASS/4 RESIDS 7/1/79

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Robert E. Shank Papers

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Southern Illinois University  
School of Medicine  
155 W. King  
Decatur, Illinois 62521

*Decatur Family Practice Center*

Southern Illinois University School of Medicine has established a three year Residency in Family Practice in Decatur, Illinois. This program has received accreditation from the Liaison Committee on Graduate Medical Education and will be accepting its first class of four (4) residents July 1, 1979.

This is a community-hospital based program, enjoying strong support from local hospitals, physicians and the Department of Family Practice of Southern Illinois University School of Medicine.

Enclosed please find a copy of our residency brochure for your file and for the information of any students interested in selecting a Family Practice Program.

If you, or your students, have any questions regarding the Decatur Family Practice Program, please do not hesitate to contact me.

Sincerely,

A handwritten signature in cursive script, appearing to read 'D. Ouchterlony'.

David P. Ouchterlony, M.D.  
Director  
Decatur Family Practice Center

DPO/blh

Enclosure

# Family Practice Residency Decatur, Illinois

St. Mary's Hospital  
Decatur Memorial Hospital  
Decatur, Illinois

Southern Illinois University  
School of Medicine



# Family Practice Residency Decatur, Illinois

St. Mary's Hospital  
Decatur Memorial Hospital  
Decatur, Illinois

Southern Illinois University  
School of Medicine



Family Practice Residency  
Decatur, Illinois

Director: David Ouchterlony, M.D.  
Family Practice Center  
155 W. King  
Decatur, Illinois 62522

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General Information

The program is three years in duration. Applicants will normally be accepted for the entire program although, for those with appropriate postgraduate experience, a shorter program may be possible. "Shared Residency" positions are also available. There are four resident positions in each year. The residency provides training in the provision of primary, continuing and comprehensive medical care within the context of the family and community. The program is centered around the Family Practice Center which is mid-way between St. Mary's Hospital and Decatur Memorial Hospital. The facility is staffed by a full-time director and, as the program expands, two other full-time M.D. faculty will join the program. There will also be a counsellor, a social worker, and several clinical associate M.D. faculty.

At the beginning of the program each resident will be assigned a number of families, and his patient load will increase throughout the program in preparation for private practice. The amount of time he spends in the Family Practice Center increases each year. He will also care for his own patients while they are in the hospitals and he will rotate through the various hospitals and out-patient specialties. The program will prepare the trainee for examination and certification by the American Board of Family Practice.

Decatur, Illinois

Decatur is a dynamic city located in the heart of Illinois approximately 180 miles from Chicago, 125 miles from St. Louis and 150 miles from Indianapolis. Decatur has a population of 92,400 in the city and 122,000 in Macon County. The climate is mild with a mean temperature of 51°F, average rainfall of 37 inches and average snowfall of 19 inches.

Decatur is a well rounded community composed of various major components which include agriculture, commerce, industry, government and education. The shopping facilities are excellent with a large downtown mall having just recently been completed. Almost every religious denomination is represented in Decatur's 120 churches.

The public education system in Decatur is excellent consisting of four high schools, five middle schools and twenty-five elementary schools. There is also one private high school and nine private elementary schools in the city. Higher education is readily available through Millikin University, a four-year co-educational liberal arts school and Richland Community College, a two-year public

college. Both institutions are located in Decatur and have a combined enrollment of over 4,500 students.

Recreational activities for the active family are numerous. The Decatur Park System has been described as "one of the finest in the country", offering one of the highest ratios of parkland acreage per capita in the nation. The 57 city parks and playgrounds offer the wide spectrum of outdoor activities. Lake Decatur, with its 36 miles of shorelines, is also a source for fun and recreation in all seasons.

As for cultural activities, the Kirkland Fine Arts Center at Millikin University has a 2000 seat auditorium, rehearsal rooms, art studios and galleries, featuring traveling professional exhibitions and faculty and student work. Through the University—Community Concert Series about 20 professional events are scheduled each year. In addition, the Kirkland Stage, the Richland Community College Courtyard Theater, Decatur's Theater 7, the Millikin-Decatur Civic Symphony and the Decatur Area Arts Council each provide their own contribution to Decatur's cultural attractions.

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Downtown - Decatur



Downtown - Decatur

## Hospitals

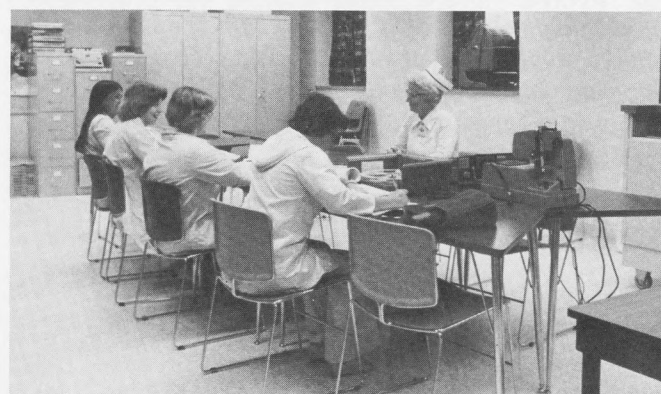


*Decatur Memorial Hospital*



*St. Mary's Hospital*

The two hospitals in Decatur, Decatur Memorial Hospital and St. Mary's Hospital, are both modern acute care institutions providing sophisticated inpatient services to the people in Macon County. They are also the primary referral centers for several surrounding counties. Decatur Memorial Hospital is located in the northern part of the city and has 428 beds. Approximately two miles away in the southern part of the city is St. Mary's Hospital with 410 beds. The Family Practice Residency is the only graduate medical education program operating in either institution. It therefore offers the resident the opportunity to become involved in all hospital services without competition from other residency programs. Family practice residents will work in both hospitals, becoming familiar with the routine of two different health care institutions.



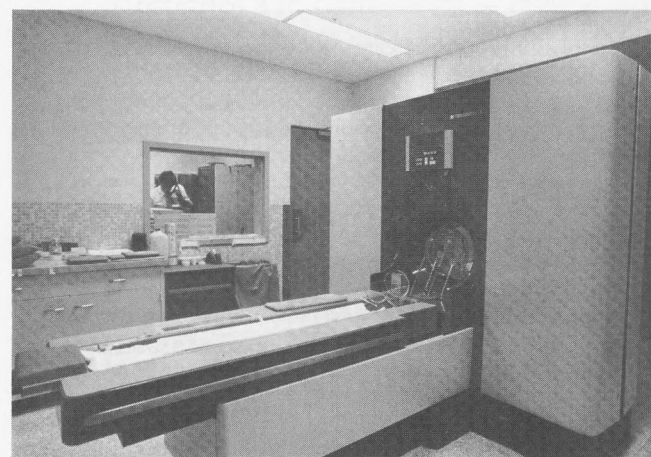
Other educational programs presently in operation in the Decatur Hospitals include the Medical Technology Degree Program, the School of Nurse Anesthetists, the School of Radiologic Technology, the School of Licensed Practical Nursing, the School of Nursing, and the Physical Therapy Degree Program.

## Faculty

David Ouchterlony, M.D. is the program director. A native of Canada, Dr. Ouchterlony received his M.D. from the University of Toronto, completed his internship at the University of Alberta Hospital and is board certified in Family Practice in Canada. Before becoming the first director of the Decatur program, he was in a private practice in North Bay, Ontario for ten years.

As the program grows, two other full-time family physicians (or their part-time equivalents) will be recruited, together with behavioral sciences faculty.

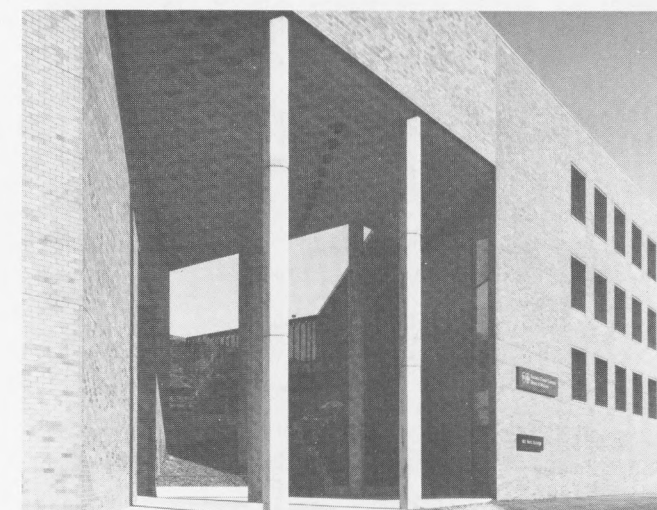
The vast majority of specialty training will be under the immediate supervision of the specialists on the staff of both hospitals. Decatur's hospitals are well staffed by specialists in every major discipline, and there is a strong commitment by them to the Residency Program. Because this is a program of the School of Medicine the resident will also be able to enjoy courses, specialty rotations, and visiting faculty from Springfield, Carbondale, and Quincy.



## Southern Illinois University School of Medicine

Southern Illinois University School of Medicine was established in 1969 to help meet the need for new health manpower in Illinois. It is a special role of the school to relate to the health needs of central and southern Illinois and programs and policies of the school are designed with this intent. The faculty of the Decatur Family Practice Program are appointed to the Department of Family Practice, Southern Illinois University School of Medicine.

The family practice residency programs in Springfield, Carbondale, Quincy and Belleville are also affiliated with the Department of Family Practice, SIU School of Medicine at Springfield. There is close liaison between the various programs to provide sharing of ideas, skills and faculty as well as the opportunity for the resident to undertake a whole range of electives at the medical school should he desire to do so.



*SIU School of Medicine 801 N. Rutledge.*



## Objectives

### I. Knowledge

Upon completion of the residency program, the resident will be able to demonstrate:

- A. that he has sufficient knowledge of disease processes, particularly of common diseases, chronic diseases, and those which endanger life or have serious complications or consequences
- B. that he knows the variations of normal in healthy persons and families
- C. that he understands the characteristics of the stages of human development (Family Life Cycle)
- D. that he understands the opportunities, methods and limitations of prevention and early diagnosis.
- E. that he knows the protocol and cost/benefit ratios of screening in every age group
- F. that he knows the limitations of altering "risk factors" (for example, does lowering the blood lipids affect mortality? Does lowering blood pressure affect chances of M.I.?)
- G. that he understands the way in which interpersonal relationships can cause health problems or alter their presentation, cause and management, just as illness can influence interpersonal relationships
- H. that he understands the impact upon the individual and the family of the various types of interpersonal relationships (e.g. marital relationships, extramarital relationships, homosexual relationships)
- I. that he understands the principles of sickness behavior
- J. that he understands the social and environmental circumstances of his patients, and how they may affect the relationship between health and illness
- K. that he knows the extent and appropriate use of the wide range of interventions available to him, including the health care team, other specialists, the laboratory, x-ray facilities, the hospitals, drugs and social agencies
- L. that he understands the factors affecting patient compliance
- M. that he understands the ethics of his profession and the importance to the patient of confidentiality, and legal requirements
- N. that he understands the basic methods of research as applied to family practice
- O. that he understands important medical social legislation and the impact of this on his patient
- P. that he has a knowledge of medical politics, how it will affect him in practice, and how he can contribute.

### II Skills

Upon completion of the residency program, the resident will be able to demonstrate:

- A. how to form a problem list which takes account of physical, psychological and social factors
- B. how to provide continuing, comprehensive primary care for his patients
- C. that he uses his knowledge of epidemiology and probability in his every day work
- D. that having identified a person with risk factors he takes appropriate action
- E. the use of the factor "time" as a diagnostic and therapeutic tool
- F. that he can assess and formulate a management plan for every problem presented to him as a doctor
- G. the capacity to cooperate with medical and non-medical professionals, and work as part of a team
- H. competence in practical therapeutics and the use of other available interventions

- I. use of the skills of practice management, including:
  1. an ability to describe, in general, his proposed practice location and mode
  2. how to use available professional resources for family practice, e.g. bankers, financial advisors, management consultants.
  3. how to hire and effectively employ personnel in his practice using appropriate leadership skills
  4. how to provide inservice training for his staff
  5. how to manage an effective appointments system
  6. how to use medical records in his practice
  7. how to manage billing and accounts receivable
  8. a working knowledge of the various health care systems: fee for service, prepaid, government, national plans, etc.
  9. the appropriate use of personal and professional insurances
- J. that he can utilize the hospital appropriately in the care of his patients
- K. competence in practical obstetrics
- L. the ability to use the telephone in patient management and working with other health professionals
- M. the ability to refer a patient to another specialist at the appropriate time, and to write a suitable letter of referral
- N. the ability to perform certain practical procedures.

### III Attitudes

Upon completion of the residency program, the resident will be able to demonstrate:

- A. a capacity for empathy and for forming a specific and effective relationship with patients and their families and for developing a degree of self-understanding
- B. that he understands the responsibilities of his profession
- C. how his recognition of the patient as unique and individual modifies the ways in which he elicits information and makes hypotheses about the nature of his problems and their management
- D. an ability to help patients to solve their own problems as a fundamental therapeutic activity
- E. an understanding of the etiology and implications of the "doctor dependent" patient and family
- F. that he recognizes that he can make a professional contribution to the wider community
- G. that he is willing and able, critically, to evaluate his own work (audit)
- H. that he is willing and able, critically, to evaluate the work of his peers and have his peers evaluate him
  - I. that he recognizes his own need for continuing education and critical reading of medical information
  - J. that he is able to cope with the (diagnostic) uncertainty of Family Practice.

## Curriculum

### 1st Year Program

The first week of the program is based entirely in the Family Practice Center. The time includes orientation to the Center, medical records, patient billing, hospitals, x-ray departments and laboratory facilities. It is an opportunity for the physician to identify himself as a family practice resident and to help him feel comfortable and familiar with the clinic. It will allow new first year residents to get to know residents already in the program and provide an opportunity for the resident to get to know some of his families either in the office or in their homes.

During the remainder of the first year the resident spends two afternoons a week in the Family Practice Center. He will have approximately 50 assigned families for whom he will provide care under the supervision of family practice faculty. The remainder of his time is spent in the hospital.

The hospital experience is divided as follows:

- Pediatrics — three months
- Obstetrics and Gynecology — three months
- Surgery — two months
- Internal Medicine — four months

### 2nd Year Program

During the second year the resident spends four half days per week in the Family Practice Center caring for approximately 175 families.

The hospital experience is divided as follows:

- Pediatrics — two months
- Emergency Medicine — two months
- Internal Medicine — four months
- Orthopedics — two months
- Psychiatry — two months

### 3rd Year Program

The third year resident spends 50% of his time in the Family Practice Center, caring for approximately 350 families. The specialty rotations will have an outpatient emphasis. Those residents intending to practice obstetrics will spend three months in obstetrics during this year. The specialty experience is divided as follows:

- Gynecology (and obstetrics for those residents intending to do obstetrics) — three months
- Allergy and Dermatology — two months
- Ophthalmology and ENT — one month
- Cardiology — one month
- Neurology and Urology — one month
- Community Medicine — one month
- Elective Time — all remaining time

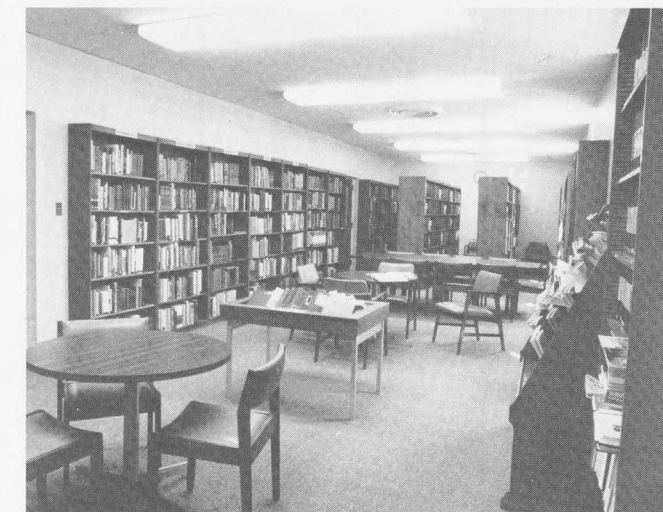
### Electives

Electives will be offered in Decatur in each of the following specialties:

- Allergy
- Anesthesiology
- Nuclear Medicine
- Emergency Medicine
- Radiology
- Urology
- Public Health

Additional time may also be spent in ophthalmology, otolaryngology, dermatology, urology and orthopedics.

It will also be possible to spend elective time in most subspecialties at SIU School of Medicine, Springfield, Illinois.



Library - Decatur Memorial Hospital



ICU - Decatur Memorial Hospital

**Program**

<b>1st Year</b>	<b>Family Practice Center - 8 hours per week</b>			
	Ped. (3 mo.)	OB/GYN (3 mo.)	Surg. (2 mo.)	I.M. (4 mo.)
	<b>Family Practice Center - 16 hours per week</b>			
	Ped. (2 mo.)	E.R. (2 mo.)	I.M. (4 mo.)	Ortho. (2 mo.)
<b>3rd Year</b>	<b>Family Practice Center - 20 hours per week</b>			
	OB/GYN (3 mo.)	Allergy/ Derm. (2 mo.)	Oph/ ENT (1 mo.)	Neuro/ Urol. (1 mo.)
	<b>Family Practice Center - 20 hours per week</b>			
	Com. Med. (1 mo.)		Cardiol. (1 mo.)	Elect. (3 mo.)

**Conferences**

Noon conferences will be held in the Family Practice Center four days a week, including the following:

- Family Practice Case Conference — weekly
- Family Practice Journal Club — monthly
- Psychiatry and Behavioral Science Conference — weekly
- Pediatrics Conference — monthly
- OB/GYN Conference — monthly
- Surgery Conference — monthly
- Internal Medicine Conference — monthly
- Radiology Conference — monthly
- Preventive Medicine, Occupational and Public Health — every three months
- Rehabilitation and Physical Medicine, Nutrition — every three months
- Ethics, Medical Legal Problems and Forensic Medicine — every three months
- Practice Management — monthly
- CPR — annually

There are also a regular weekly clinical cancer conference and a monthly surgical audit meeting in the hospitals.



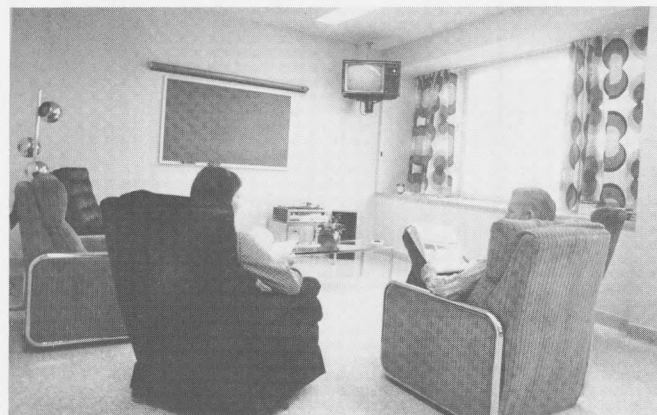
Behavioral Sciences and Psychiatry are an important part of the program and are included at every stage.

Apart from the weekly conference led by one of the Behavioral Sciences faculty or community psychiatrists, there is a one month psychiatry rotation in the second year. A new Alcohol Treatment Unit at St. Mary's Hospital is available for care of the resident's patients and for an elective rotation. Faculty will encourage residents to consider the psychological and social status of all patients and families because of the impact of these factors on health.

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The Family Practice Center is equipped with a video camera and recorder. Observation by closed circuit television, and discussion of videotapes will be used to learn interviewing techniques, as well as to improve the residents' appreciation of non-verbal communication and to help him improve his patient management skills.

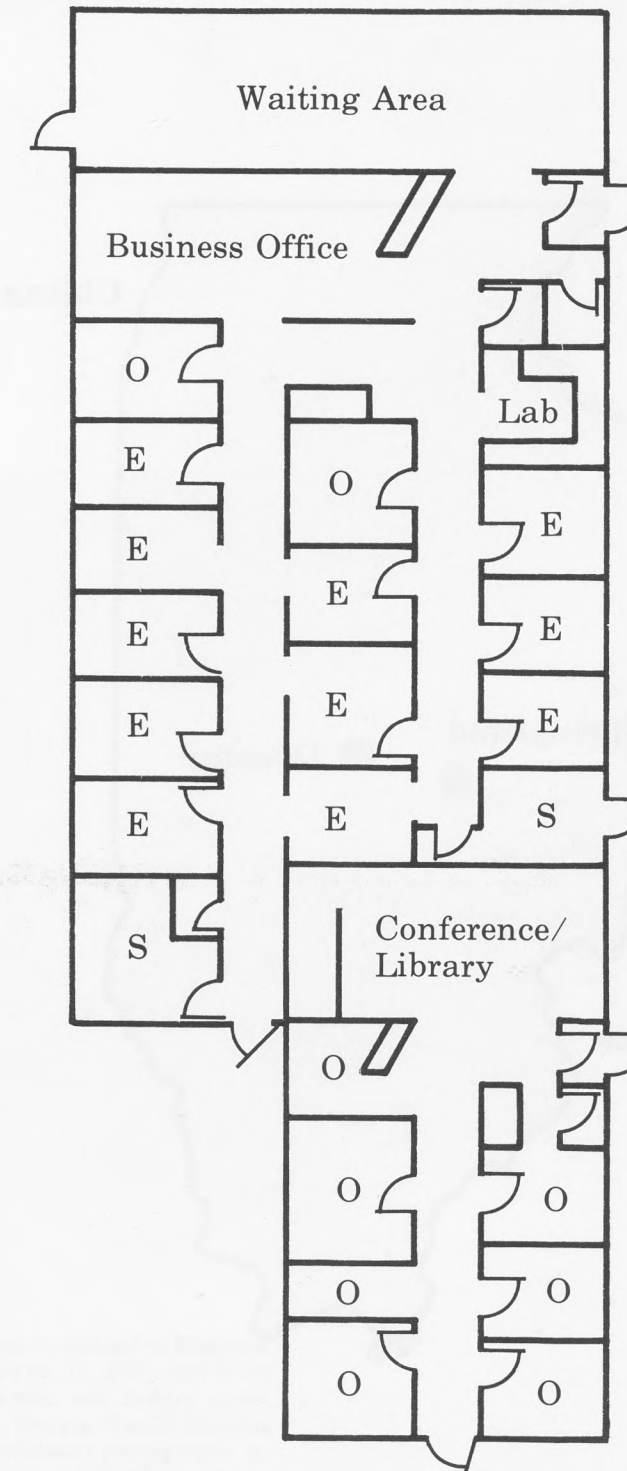
By the time the program has residents in each year of training there will be a full-time social worker and a full-time counsellor (or part-time equivalents.) These faculty members will help the resident to manage his own patients by way of consultation or co-counselling, and they will contribute to the behavioral sciences conferences.



Alcohol Treatment Unit - St. Mary's Hospital



The Family Practice Center is a free-standing facility located mid-way between Decatur Memorial Hospital and St. Mary's Hospital. The Center is a self-contained facility housing its own business office and support staff in addition to the eleven examination rooms, faculty offices, office laboratory, conference room and library. It functions solely as the clinical offices of the Decatur Family Practice residency program.



E = Exam Room  
O = Office  
S = Storage

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